



COURSE OUTLINE

NSW101

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW101: FOUNDATIONS FOR BALANCED PRACTICE
Program Number: Name	1214: SSW NATIVE SPECIALIZ
Department:	SOCIAL SERV. WKR. - NATIVE
Semester/Term:	17F
Course Description:	Students will be introduced the field of social work and social service work, its values and ethics as a profession. Social work theories that guide the action of practice will be introduced. Students will learn to assess strengths and limitations from individual and community perspectives. Alternative outlooks based in Indigenous ways of knowing on problem solving, self-concept and growth will be explored through the 7 Grandfathers and Medicine Wheel teachings. The teachings of the Sacred Tree will provide a basis for course work.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Substitutes:	SSW105
This course is a pre-requisite for:	NSW202, NSW203, NSW214
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#4. Apply a systematic approach to solve problems.</p> <p>#5. Use a variety of thinking skills to anticipate and solve problems.</p> <p>#6. Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>#7. Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>



COURSE OUTLINE

NSW101

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Evaluation:

Passing Grade: 50%, D

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Fields of Social Work Practice	15%
Introduction to Skills	20%
Personal Lens & Balance	10%
Social Work Theories	20%
Test	20%
Values Journal	15%

Books and Required Resources:

Introduction to Social Work In Canada: Histories, Contextx and Practices by Ives, N., Denov, M., Sussman, T
Publisher: Oxford University Press
ISBN: 9780199003174

Course Outcomes and Learning Objectives:

Course Outcome 1.

Communicate the fundamental social work principles within multiple levels of practice and roles throughout the helping process

Learning Objectives 1.

Identify the perspectives and roles inherent within the micro, mezzo and macro societal systems

Connect the social service work person-in-environment perspective and the Indigenous holistic interconnected worldview to create an understanding of working with people

Course Outcome 2.

Integrate self-awareness and balance into work and personal life

Learning Objectives 2.



COURSE OUTLINE

NSW101

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Ground professional work in the values, ethics and mission of the profession and the 7 Grandfathers teachings
Examine the four components of the Medicine Wheel, from Indigenous ways of knowing, relating to individual and community wellness
identify and assess one's own identity, strengths and areas of improvement by applying the four components of holistic well-being to personal health and community work

Course Outcome 3.

Connect social work theories to skills development to gain awareness of reflexive practice

Learning Objectives 3.

Familiarity with Ecosystems, Person-Centered, Narrative, Strengths-Based and Anti-Oppressive Social Work theories and approaches
Begin to link ethical and professional engagement, relationship building and interview skills to practice framework of social work theories

Course Outcome 4.

Integrate the four core aspects of human nature into an ongoing plan for individual and community balance

Learning Objectives 4.

Commit to ongoing development and improvement of social work - interpersonal interviewing and skills to best serve individuals and communities
Utilize the teachings of the Medicine Wheel, 7 Grandfathers and Sacred Tree as alternative perspectives in the areas of assessment, problem solving, self-concept and growth

Course Outcome 5.

Respect the value of diverse self-care perspectives and techniques

Learning Objectives 5.



COURSE OUTLINE

NSW101

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Familiarity with a variety of self-care techniques and perspectives
Adoption of and commitment to 'personal fit' self-care techniques

Course Outcome 6.

Develop an understanding cultural identity by linking personal history to broader cultural study

Learning Objectives 6.

Accept responsibility for development of diversity awareness and cultural competence
Develop awareness of personal lens and cultural identity
Familiarity with RESPECTFUL model of multicultural awareness
Link multicultural identity to assessment, issue identification, and problem solving methods, resources and solutions

Course Outcome 7.

Create a personal and professional philosophy to bridge the teachings of the Sacred Tree within the social work field

Learning Objectives 7.

Commit to ongoing personal and professional development of culturally competent and professional understanding and delivery of services to best service individuals and communities

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.